

Sauna Ceremonies | 26.10.-01.11.2026

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
13:00	PANORAMASAUNA: Golden October	PANORAMASAUNA: Glacier Water	PANORAMASAUNA: Breathing Well	PANORAMASAUNA: Mountain Spring	PANORAMASAUNA: Crystal Clear	PANORAMASAUNA: Breathing Well	PANORAMASAUNA: Lake Mist
14:00	STEAM BATH: Aroma Salt Scrub	STEAM BATH: Aroma Salt Scrub	STEAM BATH: Aroma Salt Scrub	STEAM BATH: Aroma Salt Scrub	STEAM BATH: Aroma Salt Scrub	STEAM BATH: Aroma Salt Scrub	STEAM BATH: Aroma Salt Scrub
15:00	FINNISH SAUNA: Pure Nature	FINNISH SAUNA: Pure Nature	FINNISH SAUNA: Pure Nature	FINNISH SAUNA: Pure Nature	FINNISH SAUNA: Pure Nature	FINNISH SAUNA: Pure Nature	FINNISH SAUNA: Pure Nature
16:00	STEAM BATH: Aroma Salt Scrub	STEAM BATH: Aroma Salt Scrub	STEAM BATH: Aroma Salt Scrub	STEAM BATH: Aroma Salt Scrub	STEAM BATH: Aroma Salt Scrub	STEAM BATH: Aroma Salt Scrub	STEAM BATH: Aroma Salt Scrub
16:30	PANORAMASAUNA: Fruit Harvest	PANORAMASAUNA: Hay Harvest	PANORAMASAUNA: Herbal Fruit	PANORAMASAUNA: Heaven & Earth	PANORAMASAUNA: Alpine Flight	PANORAMASAUNA: Golden October	PANORAMASAUNA: Breathe Free
18:00	FOREST SAUNA: Smudging Ritual	FOREST SAUNA: Smudging Ritual	FOREST SAUNA: Smudging Ritual	FOREST SAUNA: Smudging Ritual	FOREST SAUNA: Smudging Ritual	FOREST SAUNA: Smudging Ritual	FOREST SAUNA: Smudging Ritual
18:30	PANORAMASAUNA: Birch Branches	PANORAMASAUNA: Birch Branches	PANORAMASAUNA: Birch Branches	PANORAMASAUNA: Birch Branches	PANORAMASAUNA: Birch Branches	PANORAMASAUNA: Birch Branches	PANORAMASAUNA: Birch Branches
19:30	PANORAMASAUNA: Heaven & Earth	PANORAMASAUNA: Autumn Mist	PANORAMASAUNA: Nordic Night	PANORAMASAUNA: Evening by the Fire	PANORAMASAUNA: Pine Spirit	PANORAMASAUNA: Nordic Night	PANORAMASAUNA: Golden October