

TOP Cycling to Lake Schliersee via Kreuzbergalm & Gindelalm

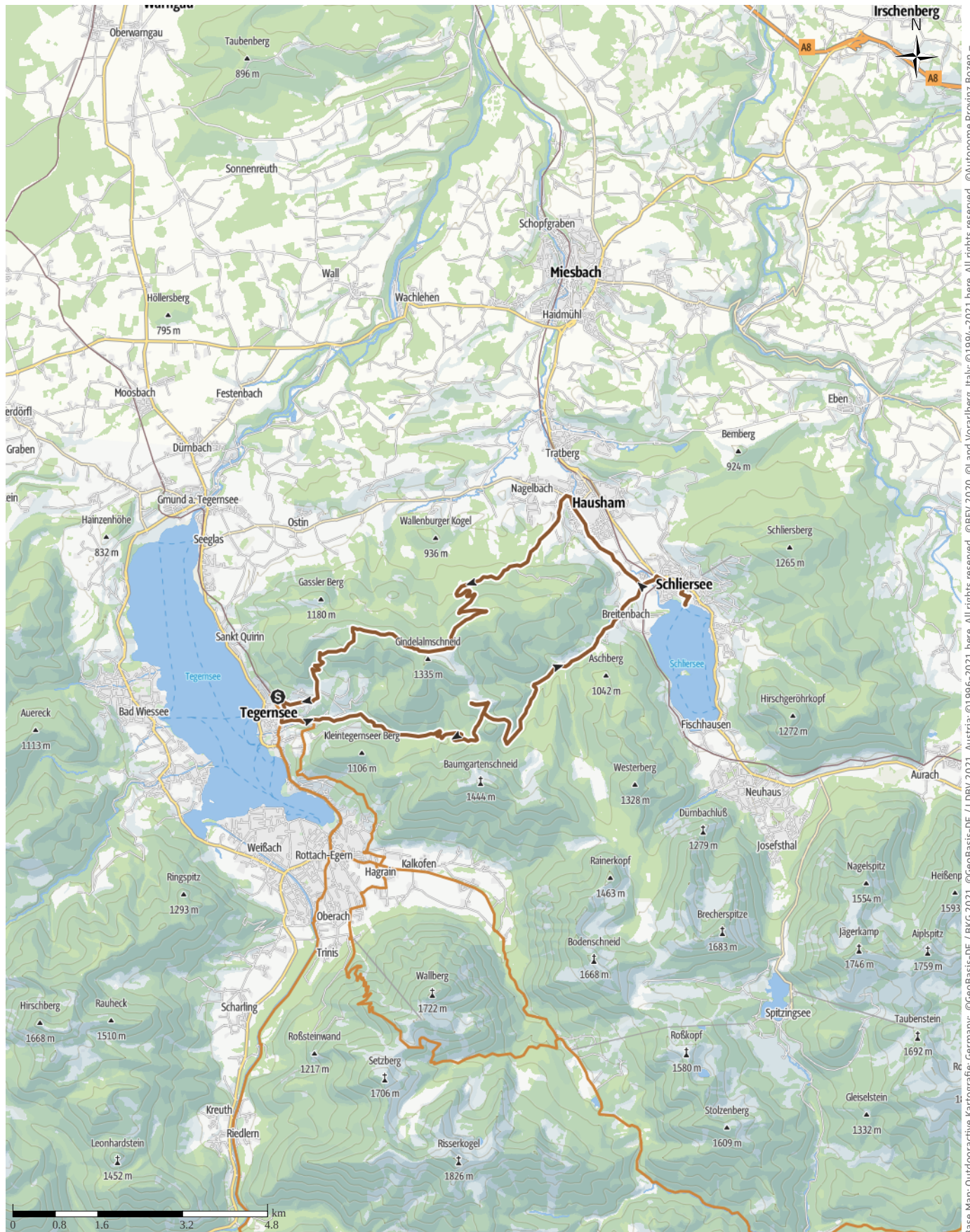
↔ 28.7 km | ⌚ 4:05 h | ⬆️ 1,010 m | ⬆️ 1,010 m | Difficulty | difficult



Base Map: Outdooractive Kartografie: Germany: ©GeoBasis-DE / BKG 2021, Austria: ©1996-2021 here. All rights reserved. ©BEV 2020, ©Land Vorarlberg, Italy: ©1994-2021 here. All rights reserved. ©Autonome Provinz Bozen - Südtirol - Abteilung Natur, Landschaft und Raumentwicklung, ©Cartago S.R.L. Base Map: outdooractive Cartography, ©OpenStreetMap (www.openstreetmap.org)

TOP Cycling to Lake Schliersee via Kreuzbergalm & ...

↔ 28.7 km | ⌚ 4:05 h | 🏔️ 1,010 m | 🏔️ 1,010 m | Difficulty difficult

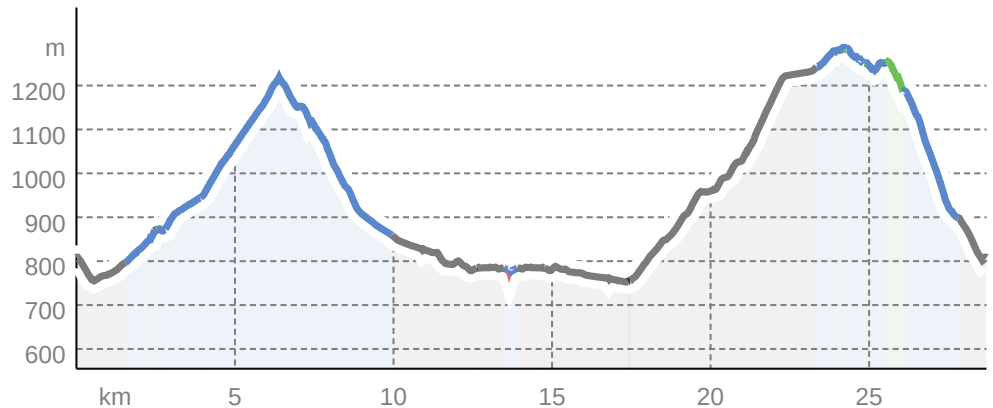


Base Map: Outdooractive Kartographie; Germany: ©GeoBasis-DE / BKG 2021, ©GeoBasis-DE / LDBV 2021, Austria: ©1996-2021 here. All rights reserved. ©BEV 2020, ©Land Vorarlberg, Italy: ©1994-2021 here. All rights reserved. ©Autonome Provinz Bozen - Südtirol - Abteilung Natur, Landschaft und Raumentwicklung, ©Cartago S.R.L. Base Map: outdooractive Cartography, ©OpenStreetMap (www.openstreetmap.org)

Track types

Asphalt	15.4 km
Dirt road	12.6 km
Forested/wild trail	0.6 km
Path	0 km
Road	0.1 km

Elevation profile



route data

Mountain Biking

Distance	↔ 28.7 km
Duration	⌚ 4:05 h
Ascent	▲ 1010 m
Descent	▼ 1010 m

Difficulty	difficult
Stamina	●●●●●●
Technique	S1
Altitude	1,287 m 753 m

Best time of year

JAN	FEB	MAR
APR	MAY	JUN
JUL	AUG	SEP
OCT	NOV	DEC

Ratings

Authors

Experience	●●●●●
Landscape	●●●●●

More route data

Properties

Public-transport-friendly Scenic

Awards

- Round trip
- Refreshment stops available

Jana Lenz

Update: September 01, 2026



Source
DAS TEGERNSEE
Neureuthstraße 23
83684 Tegernsee
Bayern
marketing@dastegernsee.de
<https://www.dastegernsee.de/de/>

This varied circular route combines two of Upper

Bavaria's most beautiful lakes with scenic alpine paths and impressive panoramic views. Starting at Hotel DAS TEGERNSEE, the route first climbs up to Kreuzbergalm before descending towards Lake Schliersee. The return journey takes you via the idyllic Gindelalm, offering further spectacular views of the Bavarian Alps. Several steep climbs make this a physically demanding tour, but the effort is rewarded with diverse landscapes, breathtaking views and inviting opportunities to stop for refreshments along the way.

Safety information

- Good fitness is required for approximately 1,000 metres of elevation gain.
- Steep sections must be tackled on the climbs to Kreuzbergalm and Gindelalm.
- Hikers, forestry vehicles and grazing livestock may be encountered on forest tracks at any time – please be considerate.
- Gravel descents can become slippery when wet – adjust your speed and riding style accordingly.

- Check the weather forecast before setting off and allow sufficient time for the tour.

Roadbook

Starting point / trailhead

Hotel DAS TEGERNSEE

Coordinates:

DD: 47.716993, 11.757106

DMS: 47°43'01.2"N 11°45'25.6"E

UTM: 32T 706782 5288528

w3w: ///withdraws.continual.plant

Point of arrival

Hotel DAS TEGERNSEE

Roadbook

The tour starts directly at Hotel DAS TEGERNSEE. The route initially follows quiet side roads and well-maintained forest tracks, steadily climbing towards Kreuzbergalm. The first ascent covers around 500 metres of elevation gain and requires good fitness. Especially with an e-mountain bike, this section can be tackled comfortably. Along the way, impressive views of the Tegernsee Valley and the surrounding mountains open up time and again. Once you reach Kreuzbergalm, the sunny terrace is the perfect spot for a first break. Immediately after the alpine hut, there is a short, slightly narrower section with larger stones. Caution is advised here – if necessary, you should briefly walk your bike. The trail then widens again and continues towards Lake Schliersee. Once there, a break by the lakeshore is well worthwhile – whether for a stroll, a refreshing swim or a leisurely meal with views across the water.

For the return journey, leave Lake Schliersee behind and follow the forest tracks uphill towards Gindelalm. This second ascent, too, requires fitness and strength, with several steeper sections along the way. The varied route leads through shady mountain forests and across open alpine meadows before reaching the idyllic Gindelalm. Here, a stop for regional specialities and magnificent panoramic views is highly recommended.

From Gindelalm, the route continues via Neureuth and is predominantly downhill. The descent from Neureuth includes several steeper sections and requires appropriate care and attention. Following well-maintained forest tracks and quiet roads, the route eventually leads back to Hotel DAS TEGERNSEE.

With around 29 kilometres, more than 1,000 metres of elevation gain and two scenic alpine destinations, this

circular route is one of the more challenging mountain bike tours in the region. The effort is rewarded with impressive views of Lake Tegernsee, Lake Schliersee and the Mangfall Mountains.

How to get there



This route is conveniently accessible by public transport.

Takeaway route for iPhone and Android



Scan QR code, save this route offline, share with friends and more...

Website

<https://out.ac/3xngjn>