

TOP Cycling to Schwarzentennalm

↔ 37.6 km

⌚ 4:05 h

▲ 523 m

▼ 523 m

Difficulty

moderate



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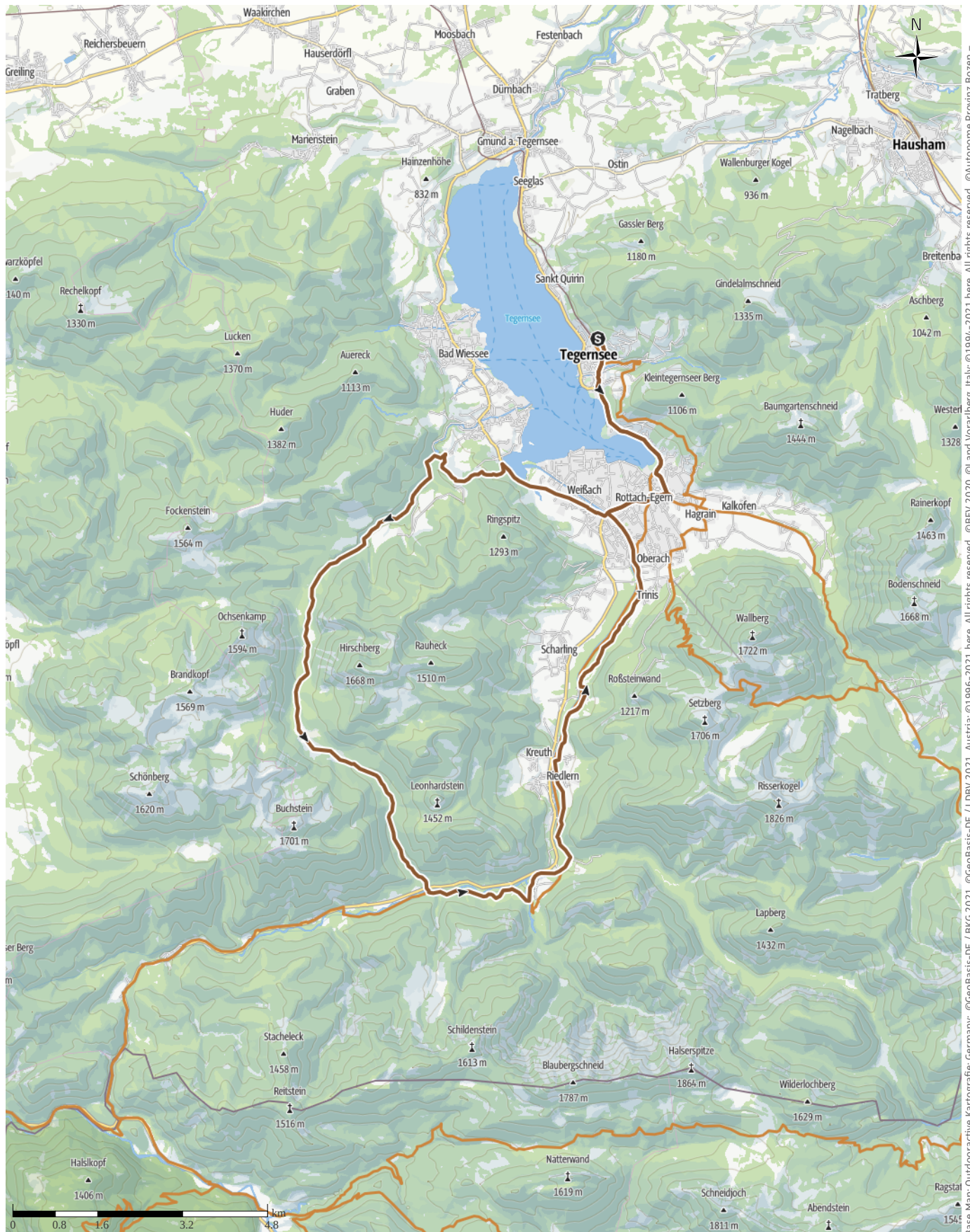
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Difficulty

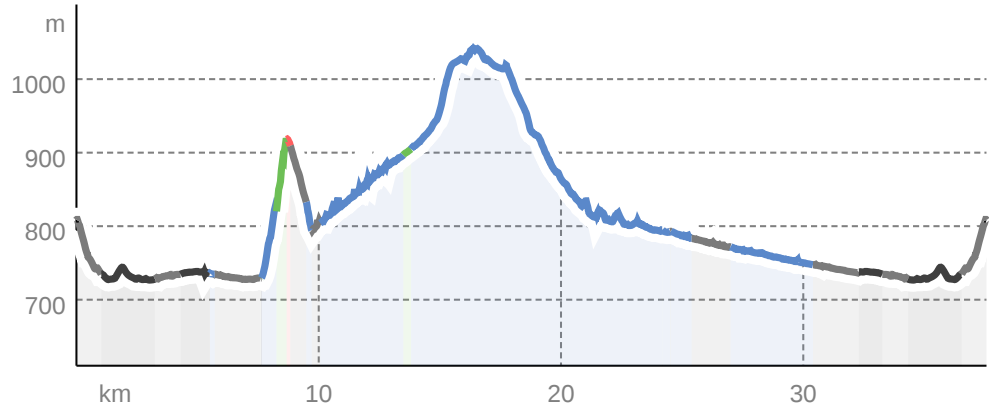
moderate



Track types

Asphalt	10.6 km
Dirt road	19.4 km
Forested/wild trail	0.7 km
Path	0.2 km
Road	6.6 km

Elevation profile



route data

Mountain Biking

Distance	↔	37.6 km
Duration	🕒	4:05 h
Ascent	⬆️	523 m
Descent	⬇️	523 m

Difficulty moderate

Stamina ●●●●●

Technique

Altitude

1,042 m
727 m

Best time of year

JAN | FEB | MAR
APR | MAY | JUN
JUL | AUG | SEP
OCT | NOV | DEC

Ratings

Authors

Experience ●●●●●

Landscape ●●●●●

More route data

Properties

Public-transport-friendly Scenic

Awards



Round trip



Refreshment stops available

Jana Lenz

Update: September 01, 2026



Source
DAS TEGERNSEE
Neureuthstraße 23
83684 Tegernsee
Bayern
marketing@dastegernsee.de
<https://www.dastegernsee.de/de/>

Hotel DAS TEGERNSEE and leads through the Tegernsee Valley, following the Söllbach stream and passing beneath the Hirschberg before reaching the idyllic Schwarzentennalm.

Quiet forest tracks, shady mountain woodland and open alpine landscapes make this a particularly scenic way to discover the mountains around Tegernsee and Kreuth by mountain bike. The circular route then continues via Wildbad Kreuth and Kreuth an der Weißbach before returning to Lake Tegernsee.

Roadbook

Starting point / trailhead

Hotel DAS TEGERNSEE

Coordinates:

DD: 47.716993, 11.757106

DMS: 47°43'01.2"N 11°45'25.6"E

UTM: 32T 706782 5288528

w3w: ///withdraws.continual.plant

Point of arrival

This varied mountain biking circuit starts directly at

Hotel DAS TEGERNSEE

Roadbook

The tour begins directly at Hotel DAS TEGERNSEE and initially leads through Tegernsee towards Rottach-Egern. After leaving the town behind, the route turns towards Ringspitz, where the first longer ascent begins on well-maintained, rideable trails into the surrounding mountain landscape.

The route then continues alongside the Söllbach stream. Flowing through a peaceful, wooded landscape, the stream creates a refreshing atmosphere, particularly on warm days. As you gain altitude, the surroundings become increasingly pristine, while the views of the surrounding mountains grow ever more impressive.

The route continues towards Hirschberg and onwards to Schwarzentennalm. This section follows predominantly wider forest and gravel tracks through dense mountain woodland. The idyllic Schwarzentennalm is an inviting place to pause, slow down and take in the tranquillity of the surrounding alpine landscape.

From Schwarzentennalm, the route continues towards Wildbad Kreuth. The trail now leads through the expansive Kreuth Valley, gradually descending along varied forest tracks. A short stop in Wildbad Kreuth is well worthwhile before continuing towards Kreuth an der Weißbach.

From Kreuth, follow the Weißbach River towards Rottach-Egern. The landscape gradually opens up and the ride becomes increasingly relaxed. Via Rottach-Egern, the route eventually leads back to Tegernsee and Hotel DAS TEGERNSEE.

How to get there



This route is conveniently accessible by public transport.

Takeaway route for iPhone and Android



Scan QR code, save this route offline, share with friends and more...

Website

<https://out.ac/3xoLRT>